

Personal Health

- Do not attend netball training or competition if you are feeling unwell and experiencing symptoms such as cough, sore throat, fever, fatigue, or shortness of breath.
- Do not attend netball training or competition if in the last 14 days you have been unwell or had close contact with a known or suspected case of COVID-19.
- If you are unwell you should see a doctor in accordance with local Public Health Authority guidelines.
- If you have underlying health conditions or is considered a vulnerable person, should consult with a healthcare professional prior to returning to the training or match day environment.
- If you have travelled overseas or visited a Qld Government Health deemed hotspot, please stay home.
- Personal hygiene encouraged. (e.g. wash hands prior to training)

Preparing the court/facility

- Chalk the entry and exit areas on the PRNA courts allocated
- Set up sanitisation stations at the entry and exits.
- Treatment of shared equipment (e.g. sanitise equipment before, after sessions) and use of such equipment to be limited. Use the spray bottle of disinfectant and paper towels/wow wipes to sanitise.
- No spectators are allowed near or on court at training. Parents/Guardians are to drop their child close to the entry point.

Training activities

- Ensure all players use hand sanitiser at the entry gate.
- AIS Framework principles – full netball training that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.
- 15 min breaks between training sessions have been implemented to our schedule to allow groups disbursing to and from training.
- No contact including high fives/hand shaking, no socialising or group meals.
- Coaches/managers to sanitise all balls and wash bibs after each training session and game day. (Coaches Bag).
- All coaches to have separate coaching bags of each team – including training balls.
- No sharing of club/team balls at all including game days.
- Training attendance register to be kept for all teams, located in coaches handbook. Any parent helper/ volunteers/committee members must be added.
- Graded return to sport to avoid injury. Starting players with a combination of fitness, stretching and skills recommended.

After training

- Ensure all players use hand sanitiser at the exit area.
- All equipment used is to be disinfected before putting back
- Keep a copy of attendance sheet until the end of the season
- COVID Safety Officer to manager teams to ensure this is done each week.

Managing unwell participants

- If a participant advises they are experiencing any flu like symptoms, or becomes unwell in a session:
 - Quarantine area is a designated on the PRNA map
- If a coach/manager/committee member determines that a player is unwell and or not able to attend/continue training, they may complete a temperature check with the permission of the player. Contactless temperature devices to be housed at both training facilities.

- Parents will be notified and contacted to collect player from training. Player will remain away from the team within the isolation area of each facility.
- Questions **may** be asked by coaches/managers or committee members to players/members:
 1. Has the player any COVID-19 symptoms in the last 14 days?
 2. Been in contact with any confirmed/suspected COVID-19 case in the last 14 days?
 3. Travelled internationally in the last 14 days?
- Any return to play may require a medical clearance.